JR #1 RECOMMENDATION



the 24 DA It and CHALLENGE Tone Up Lean Out and

<u>START</u>	
Date	Weight
• Right Arm	

- Shoulders Chest
- Waist _____
- Hips _____
- Right Thigh _____
- Right Calf_____ TOTAL _____

Goal

FINISH

Date _____ Weight__

- Right Arm
- Shoulders
- Chest Waist
- Hips
- Right Thigh _____
- Right Calf_____ TOTAL

Accountability Partner

Your 24 Day Program Breakdown

Days 1-10: Cleanse Pack ★

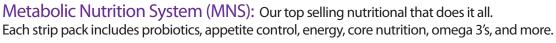


Herbal Cleanse: Internal cleansing & increased nutrient absorption

OmegaPlex: Essential fatty acids for increased overall wellness

Spark: Sugar-free energy with mental focus and clarity

Days 11-24: MAX Pack



Choose Your MNS:







MNS RATINGS SCALE	MNS MAX E	MNS MAX C	MNS MAX 3
Energy	10	8	6
Appetite Control	8	10	6
Wellness	6	6	10



Spark: Sugar-free energy with mental focus and clarity Meal Replacement Shakes: High protein meal that nourishes muscle & supports metabolism



20% Disc 40% Disc. Price Per Day: \$7.51 \$6.00